

# Pro-Stat<sup>®</sup>

*Real People, Real Results...*

## Improving Wound Outcome with Pro-Stat<sup>®</sup> AWC (Advanced Wound Care)

### A CASE STUDY

#### PATIENT HISTORY

The patient is an 79 year old female admitted 1-26-2006 to an Indiana skilled nursing facility with a stage III pressure ulcer. Onset of pressure ulcer was on 1-16-2006 and occurred at previous location (hospital) where she was receiving therapy for a fractured hip.

#### INITIAL TREATMENT

Pressure ulcer size was 3 x 2 and 1.2 cm deep. Female was 64 inches tall and weighed 189 pounds on admission to the nursing facility. She had lost 36 pounds during the past year by eating smaller portions and increasing her consumption of fruit. At the nursing home she was served a regular diet with fruit in place of rich desserts. She consumed seven ounces of meat, fish, eggs or poultry daily and drank 2 cups of milk.

#### PRO-STAT AWC TREATMENT

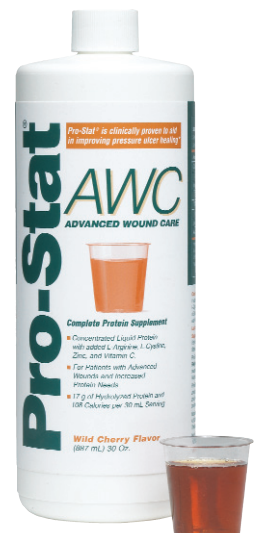
On 2-2-2006 she was started on Pro-Stat AWC (30 mL bid). She was an alert lady who understood the need to heal the pressure ulcer. She was eager to heal the ulcer since she had to return to the hospital on 3-10-2006 for repair of her hip and could not have the surgery until the pressure ulcer was healing.

#### OUTCOMES

On 2-16-2006, the size was 1.5 cm x 1.3 cm and a depth of 0.6 cm. She entered the hospital for hip repair on 3-10-2006 and returned after surgery on 3-13-2006. On 3-13-2006 she had a healing pressure ulcer of 0.2 cm x 0.4 cm and a depth of 0.2 cm. The pressure ulcer was healed on 3-28-2006 and the Pro-Stat AWC was stopped on 4-1-2006. The resident was put on regular Pro-Stat 101 as a preventative measure on 4-2-2006 with a dosage of 30 mL (15 gm) daily.

#### SUMMARY

Protein nutrition-medicine intervention (Pro-Stat AWC) that increases collagen synthesis, rebuilds lean body mass (LBM) and supports immune function is fundamental in promoting wound healing. The unique concentrated liquid protein (15 gm/30 mL) with added L-arginine, L-cystine, elemental zinc and vitamin C provides a combined effect to help promote the healing of advanced wounds. Patients who may benefit from Pro-Stat AWC are those with: Slow-healing wounds (i.e. typically not healed in 30 days), and patients with increased protein needs (ie. trauma, stress, weight loss).



#### Medical Nutrition USA<sup>™</sup>

*Positive Clinical Outcomes Through Evidence-Based Research*

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