

**Fiber-Stat® with FOS + Prune Juice Concentrate helps maintain bowel regularity.**

- Helps reduce or eliminate laxative use
- Provides 60% of Daily Value for fiber
- Stimulates the growth of beneficial bacteria in the colon
- Ideal for fluid restricted residents
- No mixing or dissolving needed
- Can be added to beverages
- Can be administered via feeding tube
- Suitable for diabetics

**Indications:** Low fiber intake, irregularity, & management of chronic / occasional constipation. Use orally or with tube feeding.

**Directions:** Take two tablespoons (30 ml) one or two times a day as needed. Can be mixed with any hot or cold prepared beverages or food. Do not consume more than four tablespoons (60 ml) per day without healthcare provider recommendation.



Fiber-Stat®

**For bowel regularity and colon health**

# Fiber-Stat®

**With FOS + Prune Juice Concentrate**



**15 g of Soluble Fiber per oz with FOS + Prune Juice Concentrate**

- Provides 60% of Daily Value for fiber
- Improves regularity and colon health
- Does not interfere with drug/nutrient absorption

**Natural Prune Flavor**  
Net content 30 fl oz (887 ml)

## NUTRITION FACTS

Serving Size: 30 ml (2 tablespoons)  
Servings per Container: 30

Amount Per Serving		% Daily Value†
Calories**	30	
Calories from Fat	0	
Total Carbohydrate	18.5 g	6%
Sugar	3.5 g	**
Dietary Fiber	15 g	60%
Soluble Fiber	15 g	**
Protein	0 g	
Sodium	15 mg	<1%
Potassium	16 mg	<1%
Phosphorus	6 mg	<1%

†Percent Daily Values are based on a 2,000-calorie diet.

\*\*Polydextrose has one calorie per gram.

\*\*Daily Value (DV) not established.

**Ingredients:** Filtered Water, Polydextrose (soluble dietary fiber), Prune Juice Concentrate, Fructo-oligosaccharides (FOS), Sodium Benzoate, Potassium Sorbate, Phosphoric Acid.

**Lactose Free, Gluten Free, Soy Free.**

Distributed by:

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Osmolality: 470 mOsm/kg water

Viscosity: thin

**Warnings:** Do not use if intestinal obstruction, fecal impaction or known allergy to any component is present.

**Do Not Refrigerate.** Store and serve at room temperature. Discard three (3) months after opening. Record date opened on bottom of container.

Fiber-Stat® is a medical food. Consult your physician if abdominal pain, nausea, rectal bleeding or vomiting are present or if a sudden change in bowel habits persists over a period of two weeks, as these may be symptoms of a serious medical condition.

Do not consume more than four tablespoons (60 ml) per day without healthcare provider recommendation.

**Do Not Use If Seal Is Broken.**

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